

I Don't Know Why...

I don't know why.

I'll never know why.

I don't have to know why.

I don't like it.

I don't have to like it.

*What I do have to do
is make a choice about living.*

*What I want to do
is accept it and go on living.*

The choice is mine.

*I can go on living,
valuing every moment
in a way I never did before,
or I can be destroyed by it
and, in turn, destroy others.*

*I thought I was immortal.
That my family and my children
were immortal too.*

That tragedy happened only to others.

But I know now that life is tenuous.

*So I am choosing to go on living,
making the most of the time*

*I have, valuing my family and friends
in a way never possible before.*

-Iris M. Bolton

Survivors of Suicide (SOS)

is a support group for those who have lost a loved one to suicide.

- ~ Open meetings 1st Tuesday of the month 7:00 pm - 9:00 pm. Meetings held at Providence Presbyterian Church - Ellenburg Hall 4000 Hwy 154 Greenville
- ~ 8 week closed groups for adults, teens, and children
- ~ Home Visits/family debriefings
- ~ Resource library and newsletter
- ~ Online support group meetings register and log in at mhagc.org
- . Adult Survivors - 2nd Wednesday of the month at 12:00 pm & 3rd Wednesday of the month at 7:00 pm
- . Youth and Teen Survivors - 3rd Sunday of the month at 7:00 pm

To speak with a member of the SOS team, for more information or a confidential and safe place to talk contact our 24/7 hotline.

CRISISline 864-271-8888

Survivors of Suicide is sponsored by

